



JUNIOR World

*by Alissa Johnson
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Probably unlike most of you, I love the dentist. I don't dread the pain of my lips being stretched farther than I thought they could be or the grinding of all the different machines. I love the feeling of having my pearly whites cleaned and polished. But the best part of going to the dentist is showing off my smile afterwards. A simple smile is the easiest way to make you feel better about yourself and change someone else's day.

Putting a smile on your face is an easy way to start your day off right. When you wake up in the morning with a positive attitude, you are bound to have a good day. The not so fun chores like cleaning the barn are more fun for you and the people you work with when everyone has a smile on their face. You will find

yourself laughing a lot more and enjoying the not so fun chores just by smiling.

Looking on the bright side of things can make doing any type of homework easier. Being confident you can finish your assignments successfully will help you think more clearly and get the assignment finished in a faster manner. Instead of grumbling and thinking about how horrible homework is, putting a smile on your face and the confidence it protrudes can really help get your assignments done faster.

Not only can putting a smile on your face help you have a better day, it can change the day of everyone you meet. Your classmates or coworkers will be more willing to cooperate with you and help you out when you are in a good mood. Putting a smile on your face shows

others you are approachable and friendly. Opening yourself up like that is a sure way to make others be friendly to you as well.

Even people you don't know will benefit from you smiling. Just smiling to the people you meet on a daily basis can turn their day around. You never know what kind of day the strangers you meet are having, so smiling at them can give them a new perspective. Who wouldn't want to brighten someone else's day by doing something as easy as smiling?

For those of you that have visited the orthodontist a time or two should definitely want to show off your pearly whites. You have made a huge investment in your smile and need to take the opportunity to impress others with it as often as you can. Others will be instantly drawn to you and

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want to know more about you. All of this because you have a beautiful smile and are willing to show it off.

The next time you have to go to the dentist or orthodontist, instead of dreading the pain you may endure while you are there, think of it as an opportunity to remind yourself to smile more often. Not only will you be in a better mood and have a better perspective on the world around you, but you may also brighten someone else's day and inspire them to smile more often. If nothing else, smiling on a daily basis will help you to remember to flash the judge a smile when you walk into the show ring. **LW**

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